






# FFSC MAY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Coloring Contest Winners Announced  SAPR Initial Victim Advocate Course (IVAC) 7:30AM-5PM Bldg. 711 FFSC  Smooth Move 10AM-12PM Navy Club 2nd Deck, ROK Navy Base, Busan	2
<b>Fleet and Family Support Center Hours of Operation: Monday to Friday 8AM-4PM</b>  <b>Contact us: FFSCKorea@us.navy.mil / Front Desk: 763-5566</b>						
3	4 Smooth Move 10AM-12PM Centum Sky Biz, 5th Floor, #501, Busan	5 	6 CFAC INDOC Brief 8AM-11AM Bldg. 711 FFSC	7	8 CFAC Cultural Trip	9
10	11 CNFK INDOC Brief 2:30PM-4PM Centum Sky Biz, 5th Floor, #501, Busan	12 SAPR Monthly CMG 9AM-09:30AM Bldg. 711 FFSC  SAPR Quarterly CMG 09:30AM-10:30AM Bldg. 711 FFSC	13 Smooth Move 9AM-11AM Bldg. 711 FFSC	14 Positive Parenting: Improving Children's Mental Health 10AM-11AM Bldg. 711 FFSC	15 CNFK Cultural Trip	16
<b>Applied Suicide Intervention Skills Training (ASIST) with Chapel 8AM-4PM Bldg. 711 FFSC</b>						
17	18	19 SAPR Unaccompanied Housing (UH) Resident Advisor (RA) Training 10:30AM-11:30AM Bldg. 711 FFSC  SAPR UVA Refresher Training 1PM-3PM Bldg. 711 FFSC	20 SAPR CDO Training 1PM-2PM Bldg. 711 FFSC  FFR & MFRCC Meeting 2PM-3PM Bldg. 711 FFSC	21 Mental Health Matters 10AM-11AM Bldg. 711 FFSC *SAPR CEUs  SAPR First Responder - Medical 1PM-2:30PM	22 MBMF 2: Mindfulness and Meditation 10AM-12PM Navy Club 2nd Deck, ROK Navy Base, Busan	23
<b>TAP 2-Day Education Track 8AM-4PM, Bldg. 711 FFSC</b>						
24	25  	26	27	28 Stress-Proofing Your Relationship: Coping Strategies for Couples 10AM-11AM Bldg. 711 FFSC	29	30
31	 American Holiday   Korean Holiday					